

## Visiting a Patient in the Hospital

We assess COVID-19 community infection rates weekly to assign one of three visitation risk levels—limited (green), restricted (yellow) and highly restricted (red). See the guidelines below to plan your visit with an adult or pediatric patient who requires an overnight hospital stay. Visitation is dependent upon passing the entrance screening. In general, visitors must be over age 18. All visitors are required to wear a face mask for the duration of their visit and should wash hands or use hospital-approved hand sanitizer when entering or exiting patient rooms. Visitors must go directly to patient rooms upon entering and go directly to the exit upon leaving. Visitors should stay six feet away from patients when possible. Disabled patients may have a designated support person who does not count as a visitor. Visiting hours are 9 a.m. to 9 p.m. but may change for certain units or situations.

### Adult Inpatients

- Green level – 2 visitors are allowed at the same time and may switch throughout the day. Children under age 18 may visit if accompanied by an adult and do not count as visitors.
- Yellow level – 1 visitor per patient per day.
- Red level – No visitors.

### Pediatric (inpatient, surgeries and procedures, and Emergency Department)

- All levels – 2 visitors over age 18 (must be members of the family).

### Emergency Department (applies to patients in private rooms)

- Green level – 2 visitors for adult and pediatric patients.
- Yellow level – 1 visitor for adult patients, 2 visitors for pediatric patients.
- Red level – No visitors for adult patients, 2 visitors for pediatric patients.

### Labor and Delivery

- Green level – 2 visitors per day.
- Yellow level – 1 visitor for labor, delivery and duration of birth parent's hospital stay. The visitor must remain the same throughout the stay. Antepartum patients may have 1 visitor per day, 1 labor support person may attend delivery, and 1 visitor is allowed in the operating room during surgical delivery.
- Red level – 1 visitor for labor, delivery and duration of birth parent's hospital stay. The visitor must remain the same throughout the stay. During surgical delivery, 1 visitor is allowed in the operating room. Doulas are permitted as long as they meet certain criteria.

### End of Life (all patients, including those confirmed or suspected to have COVID-19)

- All levels – up to 4 immediate family members may be at the bedside at the same time. These visitors may switch throughout the day. Religious leaders may visit patients if they perform end-of-life rituals or customs that cannot be conducted by Carilion chaplains.

### Confirmed or Suspected to have COVID-19

- All levels – No visitors except for end-of-life care, medical necessity and patients in labor. For pediatrics, 2 parents or guardians may be present and must stay with the patient in their room throughout the patient's stay.

### Same-Day Surgery or Procedure (requiring sedation or anesthesia)

- Green level – 1 visitor while the patient is being prepped for surgery. Once the patient is in the room, 2 visitors may be allowed.
- Yellow and Red levels – 1 visitor while the patient is being prepped for surgery. Once the patient is taken into the prep area, the visitor may be required to leave until the patient is in a room and the clinical care team contacts them.
- If the patient is admitted for one or more overnight stays, follow the adult inpatient guidelines.

### Shared Spaces (semi-private rooms, bays, waiting areas)

- All levels - No visitors except for end-of-life care and medical necessity.

Visit [CarilionClinic.org/visitor-guidelines](https://www.carilionclinic.org/visitor-guidelines) and look for signs at the hospital entrance for current visitation levels.

*\*Hospital administration may temporarily tighten visitation restrictions with very short notice to protect our staff and patients.*

