

HOPE Initiative | Directory of Resources

Key: **detox** • **residential treatment** • **intensive outpatient therapy (IOP); day treatment; outpatient therapy (OP); partial hospitalization program (PHP)** • **case management**

• **outpatient medically assisted treatment (MAT)** • **peer support** • **transitional housing** • **counseling; psychiatry**

Treatment for no cost or for the uninsured

Name	Payment	Gender	Services Offered	Length of Stay	Location/ Contact Info	Other information
Alcoholics Anonymous/ Narcotics Anonymous	No cost	Co-ed	Peer Support	1 hour meetings	Roanoke and surrounding areas AA local intergroup office: 343-6857 NA: (800) 777-1515	12 Step-based recovery programs, meetings in almost every location in the US Visit websites for meeting schedules: AA- aaroanoke.org NA- roanokena.com/meetings
#ALLIN Recovery Programing at Carilion Clinic	Free Community Groups	Co-ed	Peer Support	1 hour community groups	Roanoke eecasey@carilionclinic.org call: 540-981-7357	Peer Community Groups Mondays – 5:30-6:30 Rescue Mission Ministries Wednesdays 6pm – 7pm Mental Health America Roanoke Valley Contact: Erin Casey, eecasey@carilionclinic.org for more information
Avenues to Wellness	•Medicaid •Certain private insurances- call to find out which	Co-ed	OP : one on one counseling MAT	Varies	Roanoke 20 Walnut Ave (540) 345-6468	Can self-refer. Parent company = National Counseling Group

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	<ul style="list-style-type: none"> •Payment plans for out-of-pocket 		(subox.), Psych, No IOP for now, call to check			
Bethany Hall (An ARCH program)	<ul style="list-style-type: none"> •VA Medicaid, GAP •Self-pay: \$75-\$82/day, plus food costs (\$194/month) if not eligible for SNAP benefits 	Women	Residential Case mgmt	Approx. 30-120 days	Roanoke (540) 343-4261	Takes pregnant women, new mothers, other women; all must be fully detoxed upon intake , requires medical clearance for pregnant women, no smoking , 12 Step meetings, allows patients initiated on buprenorphine to continue their meds
Boxwood Recovery Center	No insurance accepted Detox: \$220/day for 7 day min Res: \$62/day	Co-ed	Detox, Residential	7 day detox/ 28 day residential	Culpeper 15511 Guinn Ln 547-2760	Must be screened by local CSB and referred, must be detoxed prior to intake Pregnant women accepted Offers addiction education, group therapy Treatment and length of stay is individualized, call for more information
Bradley Free Clinic	No cost for triage help Provides medical home for underinsured, working residents in Roanoke area who lack insurance	Co-ed	Triage – linkage to treatment	Volunteers help HOPE participants get connected w/treatment	Roanoke 1240 Third St. HOPE line: (540) 339-9010	Volunteers answer the phone line between 9:00 – 5:00 pm to arrange for a face to face meeting or through a phone conversation to identify possibly appropriate treatment options for adults with an SUD and to devise a plan for accessing treatment
Burrell Center (A BRBH facility)	<ul style="list-style-type: none"> •Uninsured •Medicaid •Private insurance 	Co-ed	IOP, day treatment, IOP	Individualized	Roanoke 611 McDowell Ave 266-9200	Takes walk-ins, offers psych services and medication and buprenorphine MAT, case management; waiting list for IOP - Scholarships available for MAT meds
Carillion	<ul style="list-style-type: none"> •Charity care for 	Co-ed	Detox,	Detox:	Roanoke	Must be referred by CONNECT from ED for

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Psychiatry and Behavioral Medicine	uninsured (must apply and qualify) (Apply separately for labs' charity care) <ul style="list-style-type: none"> ●Medicaid ●Private insurance 		MAT, OP Counseling Care coordination	approx. 7 days MAT: varies	2017 S Jefferson St 981-8181	detox; Detox ONLY for alcohol, benzos Medically assisted detox, psych. services Outpatient suboxone or naltrexone MAT group, individual and family therapy with care coordination Accepts pregnant patients
Celebrate Recovery	No cost	Co-ed	Peer support	1-2 hr meetings	Roanoke Meeting schedule: https://locator.org/groups.info/	12 Step-based Christian peer support group Local groups meet most nights of the week
Center for Psychiatric and Addiction Rehab	VERIFY- waiting for callback to verify	VERIFY	VERIFY	VERIFY	Manassas (703) 369-8152	VERIFY
Cornerstones	<ul style="list-style-type: none"> ●No charge for those below the 150% poverty level ●Sliding scale ●VA Medicaid ●Certain private insurance (list online) 	Co-ed	Residential	Approx. 3 months	Fairfax County (703) 502-7060	AVAILABLE TO FAIRFAX RESIDENTS ONLY For those with severe co-occurring MHDs and SUDs
Crisis Stabilization Unit (A BRBH facility)	<ul style="list-style-type: none"> ●Uninsured ●Medicaid ●Private insurance 	Co-ed	Detox	Approx. 7 days	Roanoke 3003A Hollins Rd. 344-3400 Crisis Line: 981-9351	Medically assisted detox, no smoking , limited beds

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Crossroads	<ul style="list-style-type: none"> ●No charge if below the 150% poverty level ●Sliding scale ●VA Medicaid ●Certain private insurance (list online) 	Co-ed	Residential	Approx. 3 months	Fairfax County (703) 502-7060	AVAILABLE TO FAIRFAX RESIDENTS ONLY
Dove's Nest (A Charlotte Rescue Mission Program)	No cost	Women	Residential	120 days with an 8 month extension available	Charlotte, NC (703) 333-4673 ext. 113 : Admissions Coordinator (leave name and # for a call-back)	<p>Currently waitlist, call and leave a message to receive a call within 24-48 hrs.</p> <p>Will accept pregnant women in some circumstances</p> <p>12 Step-based Christian Program</p> <p>Visit website for detailed info about program</p> <p>http://charlotterescuemission.org/recovery-programs/doves-nest/</p>
Eagle's Nest Regeneration	<p>Takes some insurance</p> <p>Program cost: about \$18,000</p> <p>Men work to pay, by the end owe about \$5000.</p> <p>Payment plans available once they have secured employment.</p>	Men	Residential IOP aftercare, transitional housing offered	Res: 12 mo. IOP: 5 days/wk	Floyd (540) 745-4001	<p>12 Step-based, Christian program</p> <p>Peer to peer support, similar to TC</p> <p>Intensely structured program in 4 stages, about 3 months each</p> <p>Learn vocation- house painting. Many men use the training to start their own businesses after graduation</p> <p>Help to develop exit plan. Transitional housing offered.</p>
Edgehill Retreat Center	<p>No insurance accepted: \$3,200</p> <p>Payment required up front. No payment plans.</p>	Co-ed	Residential	30 days	Winchester (540) 662-8865	<p>Do not have to be fully detoxed, but there is not medically assisted detox. Not a medical facility.</p> <p>Can self-refer.</p>

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						12 Step-based
Elim Home (A Thomas Road Baptist Church ministry)	No cost	Men	Residential	8 weeks	Madison Heights (near Lynchburg) (434) 592-5629 info@elimhome.org	Not for the court-ordered. Does not help with discharge plan. Must have a safe place to go before entering program. Christian program
Fairfax Detoxification Center	<ul style="list-style-type: none"> ●No charge if below the 150% poverty level ●Sliding scale ●VA Medicaid ●Certain private insurance (list online) 	Co-ed	Detox, MAT	7-10 days	Fairfax County (703) 502-7000	AVAILABLE TO FAIRFAX RESIDENTS ONLY Medically assisted detox, Suboxone treatment, introduction to 12 Step programs, addiction education, case management
Friends 4 Recovery	No cost	Co-ed	Peer Support		Chesterfield 7420 Whitepine Road (804) 308-1366 http://www.friends4recovery.org/about-us	<ul style="list-style-type: none"> • Whole Health Action Management • Mindfulness • Resume Writing • Computer Classes • Non-Violent Communication • Wellness Recovery Action Planning • Yoga • Creative Recovery • Music Appreciation MWF 12:00pm – 6:00pm
The Healing Place	●No cost to Richmond residents, must have proof of residency of min. of 60	Men	Residential	Residential program: 12-18 months	Richmond (804) 230-1217	2 options: Shelter- open to any single man. Does not have to be clean. stay up to three nights in a row. No return for 30 days.

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	days. ●Non-Richmond residents: \$2500- pay up front					Program- long-term program with phases, 12 Step-based, peer-to-peer support, comprehensive exit planning and alumni privileges. Excellent success rate. (Non-medical detox is no longer available)
Hope in Motion	No Cost	Co-ed	Peer Support	Various - Individuals affected by mental illness substance abuse or traumatic brain injury may participate at the center.	Virginia Beach 3808C Virginia Beach Blvd (903) 441-5934 http://hopeinmotion13.wixsite.com/hope-in-motion	<ul style="list-style-type: none"> Wellness Recovery Action Plans Goal Setters Group Games Community Resources Socialization Movie Nights Job Search Assistance Whole Health and Resilience Bridging Hearts Tuesdays and Fridays – 5:00pm – 8:30pm
Laurie Mitchell Empowerment & Career Center	No cost	Co-ed			Alexandria imec.org (703) 461-3886 6295 Edsall Road, Suite 260, Alexandria, VA	<ul style="list-style-type: none"> Computer Training Employment Services Peer Support Resource Center Tuesday-Thursday 5:00pm – 8:00pm Saturday 10:00am – 2:00pm
Lewis Gale Pavilion	<ul style="list-style-type: none"> Charity care available for those who qualify Medicaid Private insurance 	Co-ed	Detox, OP detox, IOP and day treatment	Detox: 3-5 days, may be longer based on need IOP: varies	Salem 1902 Braeburn Dr (540) 776-1100 OP detox: (540) 772-6420	Detox must be referred by ED, or Access Response Center Detox also for MH stabilization, has group therapy and some 12 Step exposure IOP and day treatment can be self-referred. Call to set up.

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McShin Foundation Recovery Living Center	<ul style="list-style-type: none"> ●Self pay- \$135 per week, food not included ●Some financial assistance available, call to find out 	Co-ed, Houses are gender specific	Residential Transitional housing Peer support	Residential approx. 30 days, the sober living	Richmond 2300 Dumbarton Rd (804) 249-1845	After 30 days, encouraged to find jobs in community. Case management for SNAP benefits, Medicaid, etc., GED classes. Peer to Peer Recovery Specialist Support Encourages stay of 6-12 months Accepts pts on Vivitrol, for Suboxone needs doctor recommendation
Mental Health America of the Roanoke Valley (MHARV)	Uninsured patients ONLY, if employed must qualify (200% poverty level or under)	Co-ed	Counseling and psychiatry Peer support	Short or long-term care	Roanoke 10 Church Ave (540) 344-0931	Waiting list is about 1-2 months Can self-refer Mostly individual therapy at this time Peer support group open to anyone. Meets on Wednesdays at 6pm.
Mental Wellness Group	Medicaid	Co-ed	MAT	Varies	Roanoke 3959 Electric Road Suite 280 (540) 427-7944	Listed as office-based opioid treatment program on DMAS ARTS initiative website
A New Beginning	<ul style="list-style-type: none"> ●No charge if below 150% poverty level ●Sliding scale ●VA Medicaid ●Certain private insurance (list online) 	Co-ed	Residential	Approx. 60 days	Fairfax County (703) 502-7060	AVAILABLE TO FAIRFAX RESIDENTS ONLY 12 Step-based, highly structured
New Generations	<ul style="list-style-type: none"> ●No charge for those below the 150% poverty level ●Sliding scale ●VA Medicaid ●Certain private 	Women	Residential	Approx. 3 months	Fairfax County (703) 502-7060	AVAILABLE TO FAIRFAX RESIDENTS ONLY For women w/o children, pregnant women, in some cases one child can be permitted to stay

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	insurance (list online)					
New Life for Youth (Women's program is called Mercy House)	\$1250 induction fee, can set up payment options for the family or receive sponsorship from their church	Men/ Women	Residential Transitional housing available for women (Mercy Mom's house)	1 year, 6 month internship available	Richmond Men: (804) 448-2750 Women: (804) 230-4485	Typically for 18-45 yr. olds , but is individualized. Can take younger or older. Christian program, highly structured. No smoking. Cannot bring psych meds. Not a medical facility, no medical problems. Must be fully detoxed upon arrival. Work assignment, church, group therapy. Discharge planning- option to stay on staff, attend Bible college, or find employment. Online application + phone interview.
New Life Recovery Center	<ul style="list-style-type: none"> Payment options: \$500 for New River Valley residents, \$4500 for those out of the area Medicaid <p>No private insurance</p>	Co-ed	Residential with IOP or day tx aftercare	Approx. 30 days, can be longer if needed	Radford (540) 831-4000	CSB operated; Can self-refer Group and individual therapy, AA and NA meetings attended Non-medical facility. Get prescribed meds from external doctors. Do accept psychiatrically stable, other comorbidities when stable. No onsite detox. Do accept MAT patients already prescribed MAT.
On Our Own of Charlottesville	No Cost	Co-ed	Peer Support	Various	Charlottesville (434) 979-2440 123 4th Street NW, P.O. Box 1066, Charlottesville, VA 22902	<ul style="list-style-type: none"> Goals Group Peer Support Anger Management Wellness Recovery Action Plans Music & Art Addiction Movies

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						<ul style="list-style-type: none"> • Socialization <p>Hours of Operation</p> <ul style="list-style-type: none"> • Mon & Tue 10am - 5pm • Thur & Fri 11am - 5pm • Wed & Sat 12noon - 5pm • Sun Closed
On Our Own of Roanoke Valley	No Cost	Co-ed	Peer Support	Various	Roanoke 429 Elm Ave Roanoke, VA 24016 (540) 362-0061	<p>Self-help groups such as "Wellness Recovery Action Plan (WRAP) & Dual Recovery Anonymous (DRA) and socialization for mutual support. Activities include Bingo, Chess and Checkers, Card Games, Cook-outs, Pizza parties, Outdoor Recreation, Music Appreciation, Arts and Crafts, Microcomputer Instruction, Holiday Activities, Coffee, Tea, Snacks, and more</p> <p>M-Sa – 12pm – 5pm Sunday – 1:30-5:00pm</p>
Oxford House	\$100-\$120 per week, plus \$100 deposit BRBH may be able to help pay for deposit and first couple weeks	Men/ Women	Transitional housing	As long as needed	Roanoke http://www.oxfordhouse.org/directory_listing.php?state=va	<p>Peer-run sober living houses</p> <p>A house for mothers with children may be available.</p> <p>Check website for vacancies and phone numbers for houses.</p> <p>Must apply and schedule an interview over the phone or in person.</p>

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Peers Helping Peers in Recovery	No cost	Co-ed	Peer Support	Various	Arlington 3219 South Columbia Pike aphpr-rpsva.org	<ul style="list-style-type: none"> • Peer Groups • Computer Training • Lunch • Woman's Group • AA/NA/DRA • Art Group M-F – 10am – 3pm
Project Link (A BRBH program)	<ul style="list-style-type: none"> •Uninsured •Medicaid •Private insurance 	Women	IOP Case mgt	Varies	Roanoke Burrell Center 611 McDowell Ave 266-9200	For pregnant women, new mothers, and women of childbearing age
Rebound (A Charlotte Rescue Mission Program)	No cost	Men	Residential	120 days	Charlotte, NC (703) 333-4673 ext. 501	Pt must call themselves for phone screening Must be clean upon admission 12 Step-based Christian program Visit website for detailed information about the program: http://charlotterescuemission.org/recovery-programs/rebound/
Recovery in Motion	Members are asked to contribute what they can, whether it be a smile to a Peer, an occasional snack, outreach to other Peers or new supporters, or monetary donations.	Co-ed	Peer Support	Varies	Fredericksburg Office and activities are on the second floor in the Goodwill Community Resource Center at 4701 Market St., Suite C, (540) 645-6042	The Support Center provides a welcoming and safe place to belong and heal. The recovering individual can rebuild their social skills and confidence while enrolling in a variety of activities. The Center is open Wednesday through Friday from 1:00 - 5:00 pm and Saturday from 12:00 to 5:00 pm. We look forward to adding activities, services and open hours throughout the course of the year.

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Recovery Refuge	No-Cost	Co-ed			Danville 212 Murphy Circle Danville, VA 24541 P.O Box 3708 (434) 247-0420	
Recovery Ventures	No cost- men and women participate in job assignments that pay for treatment center operations	Men/ Women	Residential	2 years	Black Mountain, NC (828) 686-0354 info@recoveryventurescorp.org	Men and women's programs are separate Offers a structured program with individual and group therapy, peer to peer support, and job assignments Offers discharge plan including transitional housing and employment; Aftercare offered. Application lengthy, includes a 3 page autobiography and phone interview
Recovery Resources and Support	No-Cost	Co-ed			Richmond rrs4hope.com	
Refuge Recovery	No cost	Co-ed	Peer support	1 hr-long group, 6pm on Thursday nights	Roanoke Cave Spring Wellness Center 4309 Old Cave Spring Rd	Recovery group based on mindfulness, meditation, and the Buddhist 8-Fold Path Open to all
Rescue Mission Recovery Program	No cost	Men/ Women	Residential	13-18 months	Roanoke 402 4 th St, SE (540) 777-7665 Melissa.neal@rescuemission.net	Must be clean from alcohol, drugs and nicotine upon entry; no smoking, no caffeine Men and women's programs are separate 12 Step-based Christian program

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						<p>Individual counseling and group therapy Provides all food, clothing, shelter, medical, psych, counseling, dental needs, and more GED, other educational classes available, case management, discharge planning, (employment, school, housing) Physically-must be able to walk to 12 Step meetings and work 5-6 hours a day</p>
Reston Drop in Center	No Cost	Co-ed	Peer Support	Various	Reston 1850 Cameron Glen Dr., Ste. 200 20190 http://www.restondropincenter.org/	M-F 9:00am – 2:30 pm <ul style="list-style-type: none"> • Get support from your peers, either informally or in a group. • Enjoy a meal -- lunch is served every day. • Play a board game or watch TV. • Chat with a friend or relax by yourself with a cup of coffee. • Use a computer to help find work, check your e-mail, or explore the Internet. • Be creative and have fun -- drop in for an art or music group.
Rise Phoenix Rise	No Cost	Co-ed		Various	Ashland (804) 572-8133 https://risephoenixrise.org/	<ul style="list-style-type: none"> • Holds weekly, peer-led support meetings during which mental health peers interact with each other and companion animals • Lends an ear to those who have had similar health problems and creates a circle of comfort by sharing experiences and decreasing isolation

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						<ul style="list-style-type: none"> • Spreads awareness, education and advocacy through public relations, media and community events • Finds resources to help rescue and train animals to become companion and support animals • Helps match participants with companion animals by providing resources • Helps provide homes, food and medical care for companion animals through donations when possible
Roads to Recovery	Self-pay: \$135/wk, \$275 admission fee (taken on a case by case basis)	Men/ Pregnant Women	Transitional housing/ Sober living. Peer support and family support	6 month commitment, may stay longer if desired	Lynchburg (434) 455-2229	Houses for men and pregnant women. Must attend group therapy, AA, NA or other peer support groups. Referred to free clinic for medical home. Program provides some food, but asked to buy their own or get SNAP benefits. Must be fully detoxed upon entry. Encouraged to get a job. Financial arrangements made case by case. MAT accepted, case by case. Family support and peer support provided as OP: no one turned away for lack of pay.
Roanoke Comprehensive Treatment Center	<ul style="list-style-type: none"> ●Self-pay: \$15.50/wk for methadone, \$20/wk for suboxone and subutex ●Private insurance 	Co-ed	MAT: offers methadone;	Generally 1 year or longer	Roanoke 3208 Hershberger (540) 366-5248 24hr:	Required to attend 2 group sessions and 2 individual counseling sessions per month.

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			Buprenorphine		1(800) 797-6237	
St. Alban's Hospital (A Carilion facility)	<ul style="list-style-type: none"> ●Charity care for the uninsured (must apply and qualify) ●Medicaid ●Private insurance 	Co-ed	Detox, MAT, Psychiatry, Counseling	7-10 day detox, MAT: varies	Christiansburg (540) 731-2000	Must be referred by CONNECT from the ED Detox ONLY for alcohol and benzos Medically assisted detox, psych services Provides outpatient Suboxone treatment, group and individual therapy
Strength in Peers	No- Cost	Co-ed	Peer Support	Various	Harrisonburg (540) 217-0869 https://strengthinpeers.org/ 733 E. Market St., Ste. A Harrisonburg, VA 22801	<ul style="list-style-type: none"> • Winner's Circle • Parenting Under Stress • Alcohol and Substance Abuse Recovery • Friends of Recovery • Turn the Page • Recharge Your Batteries
Spiritworks	No-Cost	Co-ed	Peer Support	Various	Williamsburg 5800 Mooretown Road 23188 (757) 903-0000 http://www.spiritworksfoundation.org/	Every Day 9am – 5pm SpiritWorks Foundation operates a 3 ,000 square foot SpiritWorks Recovery Community Center, which provides a variety of programs and services for children, youth, and adults affected by drug and alcohol addiction. We believe

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						recovery to be a self-defined process with many possible pathways to achieving the improved quality of life and well-being that comes with recovery.
Teen Challenge (Albemarle)	VERIFY No cost to addict- participant required to raise funds through their family, community and church	Women	Residential	VERIFY	Albemarle, NC	VERIFY
Teen Challenge (Eastern Appalachia)	No cost to addict. Family is asked to pay for one month of stay.	Men/ Women	Residential	12-14 months	Princeton, WV 1651 Unity Road, Princeton, WV 24739 (304) 384-9074	No smoking Men and women have separate programs Women ages 18-30 Men ages 18-35 Christian program NOT a medical center- must be detoxed before entering the program
Teen Challenge (Shenandoah Valley)	No cost- VERIFY	Men/ Women	Residential	VERIFY	Mount Jackson, VA	VERIFY
Trillium Drop-In Center	No-Cost	Co-ed	Peer Support	Various	Woodbridge 13184 Centerpointe Way trilliumdropincenter.org 703-763-3865	open from 10AM-10PM Monday to Saturday, Except for some holidays. People can watch television, play a game of cards or pool, or many other activities and connect with others while minimizing the focus on one's symptoms. Our classes and groups enhance one's personal

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						journey by helping individuals understand their wants and needs. We help our members to see the positive in themselves and in their lives.
TROSA	No cost	Co-ed, Separated at first	Residential Transitional housing for 1 year after the program	2 year minimum	Durham, NC (919) 419-1059 1820 James St, Durham, NC 27707	MUST be detoxed before entering program. Highly structured with peer recovery specialist, peer-to-peer support, and professional counseling Offers vocational training Provides housing, clothing, food, and personal care items, medical and psych services. Interviews by walk-ins, phone or mailed 3 page autobiography if person is incarcerated: 45 min interview. Required flexible open bus ticket for 1 yr if from out of state. Can go out and find work after 2 year program and live in the transitional housing for 1 year or more.
Tucker Pavilion (HCA Chippenham Hospital)	<ul style="list-style-type: none"> ●Charity care if qualified ●Medicaid ●Medicare ●Private insurance ●Self-pay- may set up payment plan 	Co-ed	Detox, OP detox	Approx. 3 days	Richmond <u>OP detox:</u> John Randolph- (804) 452-3827 Henrico-Parham- (804) 672-4380	Only detoxes for benzos, alcohol and opiates Group, individual therapy, psych, medication and case management MAT pts accepted, must bring script with them to hospital; All referrals are through the ED; OP detox- call to schedule apt.

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We Care	No Cost (The only thing we ask of our members is that they give back when they can by offering support to other members or volunteering around the center.)	Co-ed	Peer Support	Various	Martinsville 509 E Church St, Martinsville, VA 24112 (276) 634-0300	<ul style="list-style-type: none"> • We offer transportation to and from the center from the member's home in Martinsville or Henry County, transportation to and from appointments at doctor's offices, social services, Social Security, probation and parole, Piedmont Community Services, pharmacies, etc. • two educational or group support sessions each day of the week except for Friday, when we visit local food banks. We also offer a hot lunch each day. • If a member is in need of services that we do not offer, we will do everything we can to find an organization or agency that can fill that need.
Wired Recovery	No Cost	Co-ed	Peer Support	Various	Stuart 101 E Blue Ridge St Stuart, Virginia 24171 (276) 352-8902 wiredrecoverypc@gmail.com	Tuesdays 9am – 12pm

Insert notes here

Treatment for those with Medicaid and other forms of insurance

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Avenues to Wellness	<ul style="list-style-type: none"> ●Medicaid ●Certain private insurances- call to find out which ●Payment plans for out-of-pocket 	Co-ed	<p>OP: one on one</p> <p>Counseling</p> <p>MAT (suboxone),</p> <p>Psych,</p> <p>No IOP for now</p>	Varies	<p>Roanoke</p> <p>20 Walnut Ave</p> <p>(540) 345-6468</p>	Can self-refer. Parent company: National Counseling Group
Anderson and Associates Ali, Riswan MD	<p>Medicaid</p> <p>Private insurance</p> <p>Self-pay</p>	Co-ed	<p>buprenor- phine MAT</p>	Varies	<p>Roanoke</p> <p>4212 Cypress Park Dr</p> <p>(540) 400-7841</p>	<p>Comprehensive office-based opioid treatment program with MAT therapy, care coordination</p>
Bethany Hall (An ARCH program)	<ul style="list-style-type: none"> ●VA Medicaid ●GAP ●probation ●DAP ●Self-pay: \$75-\$82/day, plus food costs (\$194/month) if not eligible for SNAP benefits 	Women	Residential	Appox. 30-120 days	<p>Roanoke</p> <p>(540) 343-4261</p>	Takes pregnant women and new mothers, other women too; must be fully detoxed upon intake , requires medical clearance for pregnant women, no smoking , 12 Step meetings, accepts patients already prescribed Suboxone

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Burrell Center (A BRBH facility)	<ul style="list-style-type: none"> ●Uninsured ●Medicaid ●Private insurance 	Co-ed	IOP, day treatment, OP	Individualized	Roanoke 611 McDowell Ave 266-9200	Takes walk-ins, offers psych services and medication, case management There is a waiting list for IOP Provides buprenorphine MAT
Carilion Psychiatry and Behavioral Medicine	<ul style="list-style-type: none"> ●Charity care for the uninsured (must apply and qualify) ●Medicaid ●Private insurance 	Co-ed	Detox, MAT, OP, psych	Detox: approx. 7 days MAT: varies	Roanoke 2017 S Jefferson St 981-8181	Must be referred by CONNECT from the ED Detox ONLY for alcohol and benzos Medically assisted detox, psych services Provides outpatient Suboxone treatment, group, individual and family therapy and care coordination Accepts pregnant patients
CATS Program (Inova: Loudon Hospital)	<ul style="list-style-type: none"> ●Medicaid (Medicaid not accepted for detox) ●Private insurance ●NOT for the uninsured. Self-pay requires a \$6500 deposit up front. 	Co-ed	Detox, IOP, MAT (subox. and Vivitrol)	Detox: 3-5 days IOP: 10 wks, 3 times/wk, 3 hrs a day	Leesburg (703) 289-7560	Referrals through the ER, walk-in clinic assessments, scheduled assessments, outside facility referrals. Call to schedule.
Center for Psychiatric and Addiction Rehab	VERIFY	VERIFY	VERIFY	VERIFY	Manassas (703) 369-8152	VERIFY
Comprehensive Counseling Center	<ul style="list-style-type: none"> ●Medicaid ●Private insurance 	Co-ed	MAT	Varies	Roanoke 1115 First St., SW. 540-343-0004	Open Mon – Thursday 8 – 5 pm

Name	Payment	Gender	Services Offered	Length of Stay	Location/ Contact Info	Other information
Cornerstones	<ul style="list-style-type: none"> ●No charge if below the 150% poverty level ●Sliding scale ●VA Medicaid ●Certain private insurance (list online) 	Co-ed	Residential	Approx. 3 months	Fairfax County (703) 502-7060	AVAILABLE TO FAIRFAX RESIDENTS ONLY For those with severe co-occurring MHDs and SUDs
Crisis Stabilization Unit (A BRBH facility)	<ul style="list-style-type: none"> ●Uninsured ●Medicaid ●Private insurance 	Co-ed	Detox	Approx. 7 days	Roanoke 3003A Hollins Rd. 344-3400 Crisis Line: 981-9351	Medically assisted detox, no smoking , limited beds
Crossroads	<ul style="list-style-type: none"> ●No charge if below the 150% poverty level ●Sliding scale ●VA Medicaid ●Certain private insurance (list online) 	Co-ed	Residential	Approx. 3 months	Fairfax County (703) 502-7060	AVAILABLE TO FAIRFAX RESIDENTS ONLY
Fairfax Detoxification Center	<ul style="list-style-type: none"> ●No charge for those below the 150% poverty level ●Sliding scale ●VA Medicaid ●private insurance 	Co-ed	Detox, MAT	7-10 days	Fairfax County (703) 502-7000	AVAILABLE TO FAIRFAX RESIDENTS ONLY Medically assisted detox, Suboxone treatment, introduction to 12 Step programs, addiction education, case management

Name	Payment	Gender	Services Offered	Length of Stay	Location/ Contact Info	Other information
Lewis Gale Pavilion	<ul style="list-style-type: none"> ●Charity care available for those who qualify ●Medicaid ●Private insurance 	Co-ed	Detox, IOP and day treatment	Detox: 3-5 days, may be longer based on need IOP: varies	Salem 1902 Braeburn Dr (540) 776-1100	Detox must be referred by ED, or through Access Response Center Detox also for MH stabilization, has group therapy and some 12 Step exposure IOP and day treatment can be self-referred. Call to set up.
Life Center of Galax	<ul style="list-style-type: none"> ●Medicaid (some MCOs) ●Private insurance Self-pay 	Co-ed	Detox, MAT, Residential	Detox + 30 days	Galax (703) 289-7560	12 Step-based program with group therapy, individual counseling, CBT, leisure activities, gender-specific groups, relapse prevention Equipped for all drug addiction issues, specifically opiate addiction and dual diagnosis
Mental Health Skill Building (Nat' I Counseling Group service)	<ul style="list-style-type: none"> ●Medicaid 	Co-ed	Counseling	6 months, but can be renewed	Roanoke Christine Thorn (540) 776-0716	A service for people w/major hospitalization hx, have MDD, schizophrenia, bipolar disorder, or currently taking psych meds. Builds social skills, activities of daily living.
Mental Wellness Group	<ul style="list-style-type: none"> ●Medicaid (no GAP) ●Private insurance (list online) 	Co-ed	MAT	Varies	3959 Electric Rd., Suite 280, Roanoke, VA 540-427-7944	Short wait time
New Beginning	<ul style="list-style-type: none"> ●No charge for those below 150% poverty level ●Sliding scale ●VA Medicaid ●Certain private insurance (list online) 	Co-ed	Residential	Approx. 60 days	Fairfax County (703) 502-7060	AVAILABLE TO FAIRFAX RESIDENTS ONLY 12 Step-based, highly structured

Name	Payment	Gender	Services Offered	Length of Stay	Location/ Contact Info	Other information
New Generations	<ul style="list-style-type: none"> ●No charge for those below the 150% poverty level ●Sliding scale ●VA Medicaid ●Certain private insurance (list online) 	Women	Residential	Approx. 3 months	Fairfax County (703) 502-7060	AVAILABLE TO FAIRFAX RESIDENTS ONLY For women w/o children, pregnant women, in some cases one child can be permitted to stay
New Life Recovery Center	<ul style="list-style-type: none"> ●Medicaid ●Payment options: \$500 for New River Valley residents, \$4500 for those out of the area <p>No private insurance</p>	Co-ed	Residential with IOP or day tx aftercare	Approx. 30 days, can be longer if needed	Radford (540) 831-4000	CSB operated; Can self-refer Group and individual therapy, AA and NA meetings attended Non-medical facility. No doctors to prescribe meds or psych meds. See outside doctors. Can maintain medication like buprenorphine bringing current script. Otherwise, must be detoxed to enter.
Phoenix House	<ul style="list-style-type: none"> ●Medicaid ●Private insurance ●Self-pay options: \$12,000 for 30 days, with loan options and discounted rates 	Men/ Women	Residential, MAT detox (suboxone) – also MAT stabilization	Approx. 30 days, can be longer based on need and insurance	Arlington (844) 412-4662 Email: admissions@phoenixhouse.org	Programming is gender specific. No detox for benzos or alcohol, and must be detoxed from methadone. Detox provided for opiates, MAT offered: prescribe buprenorphine. Individual and group therapy, fitness instructor, outings weekly, NA, AA meetings. Discharge plan: refers to IOP, OP, day tx, and/or sober living houses.

Name	Payment	Gender	Services Offered	Length of Stay	Location/ Contact Info	Other information
Project Link (A BRBH program)	<ul style="list-style-type: none"> ●Uninsured ●Medicaid ●Private insurance 	Women	IOP	Varies	Roanoke Burrell Center 611 McDowell Ave 266-9200	For pregnant women, new mothers, and women of childbearing age
Roanoke Comprehensive Treatment Center	<ul style="list-style-type: none"> ●Self-pay: \$15.50/wk for methadone, \$20/wk for suboxone and subutex ●Private insurance Accepts Medicaid???? 	Co-ed	MAT	Generally 1 year or longer	Roanoke 3208 Hershberger (540) 366-5248 24hr: 1(800) 797-6237	Required to attend 2 group sessions and 2 individual counseling sessions per month.
St. Alban's Hospital (A Carilion facility)	<ul style="list-style-type: none"> ●Charity care for the uninsured (must apply and qualify) ●Medicaid ●Private insurance 	Co-ed	Detox, MAT, psych	7-10 day detox, MAT: varies	Christiansburg (540) 731-2000	Must be referred by CONNECT from the ED Detox ONLY for alcohol and benzos Medically assisted detox, psych services Provide outpatient suboxone treatment, group and individual therapy
Tucker Pavillion (HCA Chippenham Hospital)	<ul style="list-style-type: none"> ●Charity care if qualified ●Medicaid ●Medicare ●Private insurance ●Self-pay- may set up payment plan 	Co-ed	Detox, OP detox	Approx. 3 days	Richmond <u>24hr Crisis Line:</u> (804) 323-8846 <u>OP detox:</u> John Randolph- (804) 452-3827 Henrico-Parham- (804) 672-4380	Only detoxes for benzos, alcohol and opiates Group and individual therapy, psych, medication and case management Refers to local IOP or other treatment MAT pts accepted, but they must bring their current script with them to hospital All referrals are through the ED at Chippenham Hospital OP detox- call to schedule apt.

Name	Payment	Gender	Services Offered	Length of Stay	Location/ Contact Info	Other information
Virginia Beach Psychiatric Facility	<ul style="list-style-type: none"> ●Medicaid under ARCH ●Medicare ●Private insurance ●Self-pay: \$700/day, 5 days must be paid for up front which is \$3500 	Co-ed	<p>Detox,</p> <p>PHP,</p> <p>psych</p> <p>MAT may be available</p>	<p>Detox: approx. 1 week</p> <p>Partial: M-F 9-3 pm</p>	<p>Virginia Beach</p> <p>(757) 496-3500</p>	<p>Detox for opiates, benzos and alcohol.</p> <p>Self-referral or variety of referral services. Do not have to be from the area.</p> <p>PHP includes group therapy and individual counseling.</p>
Virginia Hospital Center	<ul style="list-style-type: none"> ●Medicare A and B ●Private insurance ●Federal Blue Cross/Blue Shield ●Medicaid for detox only ●Self-pay options, but extremely expensive <p>Insurance typically not accepted for opiate detox, call to check</p>	Co-ed	<p>Detox,</p> <p>Residential</p> <p>MAT, IOP</p>	<p>Detox: 3-7 days</p> <p>Residential: 21-37 days</p> <p>IOP/MAT: 3 days/wk for 5 months</p>	<p>Arlington</p> <p>Detox/inpatient: Pam Levay with intake:</p> <p>(703) 558-6755</p> <p>Outpatient: (703) 558-6750</p>	<p>Inpatient: Deal with co-occurring disorders, trauma, and stress with group therapy, individual counseling and psych services</p> <p>MAT: Must attend the IOP, MAT done with suboxone</p>
Virginia Premiere Medical Home	Medicaid: Va Premiere Medicaid members only	Co-ed	<p>Medical</p> <p>Psychiatry</p> <p>care</p> <p>coordination</p> <p>therapy</p>	Varies	<p>Roanoke</p> <p>5060 Valley View Blvd</p> <p>540-278-1051</p>	<p>For VA Premiere Medicaid patients only</p> <p>Provides a one stop shop for medical care, psychiatry, therapy, care coordination and substance use disorder treatment including buprenorphine prescribing</p>

Treatment for those with Private Insurance (this section is definitely incomplete!)

Name	Payment	Gender	Services Offered	Length of Stay	Location/ Contact Info	Other information
American Addiction Centers	<ul style="list-style-type: none"> ●Private insurance ●May take Medicare ●Self-pay: \$12k-\$26k programs with payment plan options avail. 	Co-ed	<p>Detox,</p> <p>Residential</p>	Generally 30-45 days	<p>Sites all over the country</p> <p>Terrence Engles (540) 910-0524</p>	Each rehab center is different. This are top-of-the-line facilities with a lot of amenities, including yoga, acupuncture, equestrian therapy and more, depending of the facility. Call Terrence for options.
Avenues to Wellness	<ul style="list-style-type: none"> ●Medicaid ●Certain private insurances ●Payment plans for out-of-pocket 	Co-ed	<p>OP: one on one</p> <p>counseling</p> <p>MAT (subox.),</p> <p>Psych,</p> <p>No IOP for now, call</p>	Varies	<p>Roanoke</p> <p>20 Walnut Ave (540) 345-6468</p>	Can self-refer, or we can make referrals for them. See parent company National Counseling Group for more options. (pg.

Name	Payment	Gender	Services Offered	Length of Stay	Location/ Contact Info	Other information
			to check			
Burrell Center (A BRBH facility)	<ul style="list-style-type: none"> ●Uninsured ●Medicaid ●Private insurance 	Co-ed	IOP, day treatment, OP	Individualized	Roanoke 611 McDowell Ave 266-9200	Takes walk-ins, variety of times and schedules for IOP, offers psych services and medication, case management There is a waiting list for IOP
Carilion Psychiatry and Behavioral Medicine	<ul style="list-style-type: none"> ●Charity care for uninsured (must apply and qualify) ●Medicaid ●Private insurance Self pay 	Co-ed	Detox, MAT, OP, Counseling, Psychiatry	Detox: approx. 7 days MAT: varies	Roanoke 2017 S Jefferson St 981-8181	Must be referred by CONNECT from the ED for inpatient care; Detox ONLY for alcohol and benzos; Medically assisted detox, psychiatry services Provides outpatient MAT (buprenorphine and naltrexone) group, individual, family therapy and care coordination
CATS Program (Inova: Loudon Hospital)	<ul style="list-style-type: none"> ●Medicaid (Medicaid not accepted for detox) ●Private insurance ●NOT for the uninsured. Self-pay requires a \$6500 deposit up front. 	Co-ed	Detox, IOP, MAT (subox. and Vivitrol)	Detox: 3-5 days IOP: 10 wks, 3 times/wk, 3 hrs a day	Leesburg (703) 289-7560	Referrals through the ER, walk-in clinic assessments, scheduled assessments, outside facility referrals. Call to schedule.
Crisis Stabilization Unit (A BRBH facility)	<ul style="list-style-type: none"> ●Uninsured ●Medicaid ●Private insurance 	Co-ed	Detox	Approx. 7 days	Roanoke 3003A Hollins Rd. 344-3400 Crisis Line: 981-9351	Medically assisted detox, no smoking , limited beds

Name	Payment	Gender	Services Offered	Length of Stay	Location/ Contact Info	Other information
Cornerstones	<ul style="list-style-type: none"> ●No charge for those below the 150% poverty level ●Sliding scale ●VA Medicaid ●Certain private insurance (list online) 	Co-ed	Residential	Approx. 3 months	Fairfax County (703) 502-7060	AVAILABLE TO FAIRFAX RESIDENTS ONLY For those with severe co-occurring MHDs and SUDs
Crossroads	<ul style="list-style-type: none"> ●No charge for those below the 150% poverty level ●Sliding scale ●VA Medicaid ●Certain private insurance (list online) 	Co-ed	Residential	Approx. 3 months	Fairfax County (703) 502-7060	AVAILABLE TO FAIRFAX RESIDENTS ONLY
Eagle's Nest Regeneration	Takes some insurance Cost: about \$18,000 Men work to pay, by end owe about \$5000. Payment plans available once they have secured employment.	Men	Residential IOP aftercare transitional housing offered	Res: 12 mo. IOP: 5 days/wk	Floyd (540) 745-4001	12 Step-based, Christian program Peer to peer support Intensely structured program in 4 stages, about 3 months each Learn vocation- house painting. Many men use the training to start their own businesses Discharge plan. Transitional housing.
Fairfax Detoxification Center	<ul style="list-style-type: none"> ●No charge for those below the 150% poverty level ●Sliding scale ●VA Medicaid 	Co-ed	Detox, MAT	7-10 days	Fairfax County (703) 502-7000	AVAILABLE TO FAIRFAX RESIDENTS ONLY Medically assisted detox, Suboxone treatment, introduction to 12 Step programs, addiction education, case management

Name	Payment	Gender	Services Offered	Length of Stay	Location/ Contact Info	Other information
	<ul style="list-style-type: none"> ●Certain private insurance (list online) 					
Lewis Gale Pavilion	<ul style="list-style-type: none"> ●Charity care available for those who qualify ●Medicaid ●Private insurance 	Co-ed	Detox, OP detox, IOP and day treatment	Detox: 3-5 days, may be longer based on need IOP: varies	Salem 1902 Braeburn Dr (540) 776-1100 OP detox: (540) 772-6420	Detox must be referred by ED, or through Access Response Center if coming from another facility Detox also for MH stabilization, has group therapy and some 12 Step exposure IOP and day treatment can be self-referred. Call to set up.
Life Center of Galax	<ul style="list-style-type: none"> ●Medicaid ●Private insurance 	Co-ed	Detox, MAT, Residential	Detox + 30 days	Galax (703) 289-7560	12 Step-based Christian program with group therapy, individual counseling, CBT, leisure activities, gender-specific groups, relapse prevention Equipped for all drug addiction issues, specifically opiate addiction and dual diagnosis
Mount Regis Center	<ul style="list-style-type: none"> ●Private insurance ●Self-pay: \$600/day 	Co-ed	Detox, Residential PHP, IOP	Res: approx. 28 days IOP: M-W-Th, 3 hrs./day	Salem (540) 389-4761	Medically assisted detox for all substances. Group therapy, individual counseling, psych meds if needed. Taken to outside 12 Step meetings, inside meetings avail. twice/wk.

Name	Payment	Gender	Services Offered	Length of Stay	Location/ Contact Info	Other information
A New Beginning	<ul style="list-style-type: none"> ●No charge for those below the 150% poverty level ●Sliding scale ●VA Medicaid ●Certain private insurance (list online) 	Co-ed	Residential	Approx. 60 days	Fairfax County (703) 502-7060	AVAILABLE TO FAIRFAX RESIDENTS ONLY 12 Step-based, highly structured
New Generations	<ul style="list-style-type: none"> ●No charge for those below the 150% poverty level ●Sliding scale ●VA Medicaid ●Certain private insurance (list online) 	Women	Residential	Approx. 3 months	Fairfax County (703) 502-7060	AVAILABLE TO FAIRFAX RESIDENTS ONLY For women w/o children, pregnant women, in some cases one child can be permitted to stay
Phoenix House	<ul style="list-style-type: none"> ●Medicaid ●Private insurance ●Self-pay options: \$12,000 for 30 days, with loan options and discounted rates 	Men/ Women	Residential MAT detox (suboxone stabilization)	Approx. 30 days, can be longer based on need and insurance	Arlington (844) 412-4662 Email: admissions@phoenixhouse.org	Programming is gender specific. No detox for benzos or alcohol, and must be detoxed from methadone. Detox for opiates, put patients on suboxone. Individual and group therapy, fitness instructor, outings weekly, NA and AA meetings. Discharge plans: refers to IOP, OP, day tx, and/or sober living houses in the patient's own area.

Name	Payment	Gender	Services Offered	Length of Stay	Location/ Contact Info	Other information
Project Link (A BRBH program)	<ul style="list-style-type: none"> ●Uninsured ●Medicaid ●Private insurance 	Women	IOP	Varies	Roanoke Burrell Center 611 McDowell Ave 266-9200	For pregnant women, new mothers, and women of childbearing age
Roanoke Comprehensive Treatment Center	<ul style="list-style-type: none"> ●Self-pay: \$15.50/wk for methadone, \$20/wk for suboxone and subutex ●Medicaid ●Private insurance 	Co-ed	MAT	Generally 1 year or longer	Roanoke 3208 Hershberger (540) 366-5248 24hr: 1(800) 797-6237	Required to attend 2 group sessions and 2 individual counseling sessions per month.
St. Alban's Hospital (A Carilion facility)	<ul style="list-style-type: none"> ●Charity care for the uninsured (must apply and qualify) ●Medicaid ●Private insurance 	Co-ed	Detox, MAT, psych	7-10 day detox, MAT: varies	Christiansburg (540) 731-2000	Must be referred by CONNECT from the ED For detox (ONLY for alcohol and benzos) Medically assisted detox, psych services Provides outpatient buprenorphine treatment, group and individual therapy
Tucker Pavillion (HCA Chippenham Hospital)	<ul style="list-style-type: none"> ●Charity care if qualified ●Medicaid ●Medicare ●Private insurance ●Self-pay- may set up payment plan 	Co-ed	Detox, OP detox	Approx. 3 days	Richmond <u>OP detox:</u> John Randolph- (804) 452-3827 Henrico-Parham- (804) 672-4380	Only detoxes for benzos, alcohol and opiates Group, individual therapy, psych, medication and case management MAT pts accepted, but they must bring their current script with them to hospital All referrals are through ED OP detox- call to schedule apt.

Name	Payment	Gender	Services Offered	Length of Stay	Location/ Contact Info	Other information
Virginia Beach Psychiatric Facility	<ul style="list-style-type: none"> ●Medicaid ●Medicare ●Private insurance ●Self-pay: \$700/day, 5 days paid up front 	Co-ed	<ul style="list-style-type: none"> Detox, PHP, psych MAT 	Detox: 1 week Partial: M-F 9am-3 pm	Virginia Beach (757) 496-3500	Detox for opiates, benzos and alcohol. Self-referral or variety of referral services. Do not have to be from the area. PHP includes group and individual therapy
Virginia Hospital Center	<ul style="list-style-type: none"> ●Medicare A and B ●Private insurance ●Blue Cross/Blue Shield ●Tricare ●Medicaid for detox only ●Self-pay options <p>Insurance typically not accepted for opiate detox, call to check</p>	Co-ed	<ul style="list-style-type: none"> Detox, Residential MAT, IOP 	Detox: 3-7 days Residential: 21-37 days IOP/MAT: 3 days/wk for 5 months	Arlington Detox/inpatient: Pam Levay with intake: (703) 558-6755 Outpatient: (703) 558-6750	Inpatient: Deal with co-occurring disorders, trauma, and stress with group therapy, individual counseling and psych services MAT: Must attend the IOP, MAT done with suboxone

NOTES: THE VA MEDICAL CENTER IN SALEM, VA. OFFERS MAT, PSYCHIATRY, COMPREHENSIVE MEDICAL CARE - NOT DETAILED HERE