

## Note from the Chair

This month marks the 57th Anniversary of the March on Washington in August 1963. The March drew attention to the continuing challenges and inequalities faced by Black Americans a century after emancipation. It is also where Martin Luther King, Jr. gave his now-iconic "I Have a Dream" speech. The American Psychiatric Association is hosting its second virtual Town Hall this evening from 8 to 9PM. APA membership is not required. Join APA leadership and our panel for a discussion about how the Black Lives Matter movement is an outgrowth of the civil rights initiatives reducing the inequalities faced by Black people and their families; the impact of racial injustices within APA and psychiatry; and how far we still must go to address structural racism. Panelists include Dr. Altha Stewart (past president of the APA), Dr. Aletha Maybank (Chief Health Equity officer at the AMA), Dr. Kevin Simon (APA REACH Scholar), and Dr. Jeff Geller (current APA president. To register for this free event, please log in at <https://www.psychiatry.org/psychiatrists/meetings/addressing-structural-racism-town-hall> . Before participating in this event, I really encourage you to read an action plan drafted by group of psychiatry resident leaders recognized with APA/APA Foundation Minority Fellowships. One of those residents is our own **Gulafsheen Quadri MD MA**. In this action plan, the fellows describe a series of steps intended to reduce racism in medical education. The [action plan](#) was published online Aug. 13 in Psychiatric News, a publication of the American Psychiatric Association. Thank you for all you are doing Gul! And thank you to everyone in our Department for your tireless efforts in support of our patients, their families, and our communities!

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## Department News

- **Dr. Badr Ratnakaran's** poster, "A survey of attitudes of non-psychiatrist physicians to consultation-liaison psychiatry," has been accepted for the 2020 Annual Meeting of Association of Medicine and Psychiatry in October 2020.

# Pathways Research Awards Program

- Alkermes opened their Pathways Research Awards program for 2020 (<https://www.alkermes.com/responsibility/pathways>). The specific areas of interest are substance use disorders, schizophrenia, and bipolar disorder. This grant is for investigators who are in the early stages of their career; specifically, they may be the recipient of a career development (K) award or other mentored research grant, but not a funded R01 grant or equivalent at the time of application. Researchers with an academic position above assistant professor are not eligible. Application process open July 1, 2020. **Application deadline – October 30, 2020 by 11:59 EST.**

Award amount: up to \$100,000

Application Due Date: October 30

## iTHRIV – New round of funding for the Pilot Translational and Clinical Studies Program

- Please see attached information ([iTHRIV Pilot Studies](#)). The request for applications deadline is **Monday, August 31, 2020 by 5:00pm**. For full details: <https://www.ithriv.org/ithriv-request-for>

## 2021 APA Annual Meeting – Abstract Submissions

- The abstract submission portal for the 2021 APA Annual Meeting has opened and the **last date of submission of abstracts are on Thursday, September 3rd, 2020**. Abstracts can be submitted at: [APA abstract submission link](#). As per the website, starting this year, all the resident and medical student posters must be reviewed by a faculty mentor prior to submission and the faculty mentor should be listed as a co-author

## Resources

- **From Academic Medicine**

Academic Medicine has created an online [collection](#) of all our published content related to COVID-19. Please check back regularly, as the collection will be updated frequently as new articles are published. Further, **AAMC Coronavirus (COVID-19) Resource Hub** Please visit the [AAMC's Coronavirus \(COVID-19\) Resource Hub](#) for the latest information.

## Psychiatric Society of Virginia Fall Meeting

The PSV Fall Meeting will be held **September 25-26, 2020** at the Hotel Roanoke & Conference Center. The Program Committee invites submission of abstracts for presentation at the meeting. The deadline is tomorrow, August 18 at midnight. Please click this link for details: <https://www2.psva.org/meetings/2019fall/abstracts/> . Per Dr. Ratnakaran – “The meeting will continue to host poster competitions for resident and medical students. Last year, our program won the First and Third place at the poster competition with a record number of submissions.”

## Virtual TEACH Education Day 2020

- Virtual TEACH Education Day is **October 8, 2020**. Keynote speaker, **Geoffrey Talmon, MD**, will present “Mind the Gap: The Impact of Generational Preferences on Health Professions Education.” For registration go to link: <https://www.teach.vtc.vt.edu/2020-virtual-teach-education-day-registration/>

## Annual Meeting of Academy of Consultation-Liaison Psychiatry

- The Annual Meeting of the Academy of Consultation-Liaison Psychiatry will meet **virtually on November 12-13**. Information can be found at <https://clp2020.org/> .

## American Academy of Addiction Psychiatry

- Annual Meeting and Scientific Symposium, December 10-13, 2020 – **See attached information AAAP Annual Meeting Dec 10-13, 2020**.

# Anxiety and Depression Conference

- ADAA now accepting submissions for 2021 Annual Conference. **Applications are due by Wednesday, September 16, 2020.** For further information see link <https://adaa.org/conference/2021-Boston>.

## Wellness

- **Being Well During a Time of Uncertainty**



Take time for yourself; Reach out with concerns and worries; Your Carilion peers are here to support you. These are the three main points to remember both during and after the worst of the pandemic. The vital work you are doing every day can take an emotional toll. Please watch this conversation with Dr. Trestman for insights into what to expect as time goes on, how best to take care of yourself whether you are working or isolated, and information about how Carilion departments are collaborating to provide resources and one-on-one support. To see the video, click on the link.

- **New Physicians Express and ACPs Express: Facilitated small group gatherings offering peer support**

Carilion is hosting a series of stand-alone Zoom-based virtual support group gatherings for our colleagues, "**Physicians Express**" and "**ACPs Express**." The format is to provide a confidential, safe gathering space to share experiences and bolster one another's wellbeing during this time. To sign up, email Mark Greenawald at [mhgreenawald@carilionclinic.org](mailto:mhgreenawald@carilionclinic.org). He will be able to provide information on times and dates.

- **COVID-19 Employee Support Helpline**

Please do call the COVID-19 Employee Support Helpline for confidential support if you are experiencing distress as a result of the pandemic: **COVID-19 Employee Support Helpline 1-800-468-1359 (option 2)**

## Upcoming Grand Rounds and Case Conferences

**WebEx information will be sent out by Donna Houchins prior to each conference/Grand Rounds**

**Psych Adult Case Conference, Thursday, September 3, 2020 - 12:00-1:00 pm via WebEx**

**Psych Peds Case Conference, Thursday, September 10, 2020 – 12:15-1:15 pm via WebEx**

**Psych Grand Rounds, Thursday, September 17, 2020 – 12:00-1:00 pm via WebEx**