

## Note from the Chair

Justice Ruth Bader Ginsburg died on September 18. She left behind a profound legacy of dedication to equity in our society. Equity for women, equity for those of us with disabilities in general, and equity for those of us with mental illness in particular (of particular note for us is her decision in *Olmstead vs L.C.*, "States are required to place persons with mental disabilities in community settings rather than in institutions" when treatment professionals deem it appropriate, the individual does not oppose the transfer, and the State can reasonably accommodate.). Very few of us will ever have the broad social impact of Justice Ginsburg. Nevertheless, as healing professionals we can each influence those around us. As we struggle with the profound impact of the COVID-19 pandemic, we can encourage everyone to wear masks, socially distance, and now—to get a flu shot. Getting a flu shot won't directly reduce the effects of COVID-19 nor repair systemic social inequities. It will, though, reduce the risk of illness and death from the flu (which killed over 60,000 people last year), the compounding of illness, and the impact on our health care system's ability to care for all of those who need help in the months ahead. As we work together in the days ahead, let's reflect on the achievements of Ruth Bader Ginsburg and, in our own ways, continue her effort to create a more just and equitable society.

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## Department News

AMERICAN  
PSYCHIATRIC  
ASSOCIATION



The APA has just published a guidance document on COVID-19 and the challenges to Health Equity. Please find it attached (APA Guidance Health Equity) and online

<https://www.psychiatry.org/File%20Library/Psychiatrists/APA-Guidance-Health-Equity-COVID-19.pdf>.

## Harvard Medical Grand Rounds Video Recording Available:

Harvard Medical Grand Rounds, September 10th, 2020. Dr. Fauci and other infectious disease experts gave a joint grand rounds today for MGH, BIDMC, and BWH. It is an hour long and very informative. We had over 6000 viewers at 7am yesterday. I hope this is helpful and feel free to share with

anyone. <https://partners.mediasite.com/mediasite/Play/968f633a874c4f1a80c368496f49d4661d>

## Women in Medicine Month

- The AAMC Group on Women in Medicine and Science (GWIMS) are celebrating Women in Medicine Month! **See flyer attached GWIMS Month week1.**

## Schwartz Center Rounds

- Join us virtually for Schwartz Center Rounds, **Wednesday, September 30, 2020** from **Noon - 1 p.m.** when we will discuss the topic of: **Constant Change During COVID-19: How do we care for patients and ourselves?** **See flyer attached SCR 09.30.2020.**

## American Psychiatric Nurses Association Annual Conference

- The American Psychiatric Nurses Association Annual Conference will be held virtually from **9/30 to 10/4**. Registration can be done at [www.apna.org/AnnualConference](http://www.apna.org/AnnualConference).



Alkermes opened their Pathways Research Awards program for 2020 (<https://www.alkermes.com/responsibility/pathways>). The specific areas of interest are substance use disorders, schizophrenia, and bipolar disorder. This grant is for investigators who are in the early stages of their career; specifically, they may be the recipient of a career development (K) award or other mentored research grant, but not a funded R01 grant or equivalent at the time of application. Researchers with an academic

position above assistant professor are not eligible. Application process open July 1, 2020. **Application deadline – October 30, 2020 by 11:59 EST.**

- Award amount: up to \$100,000
- Application Due Date: October 30

## American Society of Clinical Psychopharmacology

- ASCP 2020 Annual Fall Meeting – **October 17-18, 2020** – Virtual Conference. **See flyer attached, ASCP fall meeting flyer.**

## Virginia Society for Clinical Social Work Save the Date

- The VSCSW Roanoke Chapter training event schedule is attached, **VSCSW Save the Date 2020**. Check out the upcoming events for Social Workers. **Frannie Gaeta** is on the group planning committee. If you have questions, please reach out to Frannie.

## Resources

- **From Academic Medicine**

Academic Medicine has created an online [collection](#) of all our published content related to COVID-19. Please check back regularly, as the collection will be updated frequently as new articles are published. Further, **AAMC Coronavirus (COVID-19) Resource Hub** Please visit the [AAMC's Coronavirus \(COVID-19\) Resource Hub](#) for the latest information.

## Psychiatric Society of Virginia Fall Meeting

- The PSV Fall Meeting will be held **September 25-26, 2020** at the Hotel Roanoke & Conference Center. Go to PSVA website to register - <https://www2.psva.org/meetings/2020virtual/guide/>

## Virtual TEACH Education Day 2020

- Virtual TEACH Education Day is **October 8, 2020**. Keynote speaker, **Geoffrey Talmon, MD**, will present “**Mind the Gap: The Impact of Generational Preferences on Health Professions Education.**” For registration go to link: <https://www.teach.vtc.vt.edu/2020-virtual-teach-education-day-registration/>

## Annual Meeting of Academy of Consultation-Liaison Psychiatry

- The Annual Meeting of the Academy of Consultation-Liaison Psychiatry will meet **virtually on November 12-13**. Information can be found at <https://clp2020.org/> .

## American Academy of Addiction Psychiatry

- Annual Meeting and Scientific Symposium, December 10-13, 2020 – **See attached information AAAP Annual Meeting Dec 10-13, 2020.**

## Wellness

- **Being Well During a Time of Uncertainty**



Take time for yourself; Reach out with concerns and worries; Your Carilion peers are here to support you. These are the three main points to remember both during and after the worst of the pandemic. The vital work you are doing every day can take an emotional toll. Please watch this conversation with Dr. Trestman for insights into what to expect as time goes on, how best to take care of yourself whether you are working or isolated, and information about how Carilion departments are collaborating to provide resources and one-on-one support. To see the video, click on the link.

- **New Physicians Express and ACPs Express: Facilitated small group gatherings offering peer support**

Carilion is hosting a series of stand-alone Zoom-based virtual support group gatherings for our colleagues, "**Physicians Express**" and "**ACPs Express.**" The format is to provide a confidential, safe gathering space to share experiences and bolster one another's wellbeing during this time. To sign up, email Mark Greenawald at [mhgreenawald@carilionclinic.org](mailto:mhgreenawald@carilionclinic.org). He will be able to provide information on times and dates.

- **COVID-19 Employee Support Helpline**

Please do call the COVID-19 Employee Support Helpline for confidential support if you are experiencing distress as a result of the pandemic: **COVID-19 Employee Support Helpline 1-800-468-1359 (option 2)**

## **Upcoming Grand Rounds and Case Conferences**

**WebEx information will be sent out by Donna Houchins prior to each conference/Grand Rounds**

**Psychiatry Adult Case Conference – 10/1/2020, Thursday, 12:00-1:00 pm**

**Psychiatry Peds Case Conference – 10/8/2020, Thursday, 12:15-1:15 pm**

**Psychiatry Grand Rounds – 10/15/2020, Thursday, 12:00-1:00 pm**