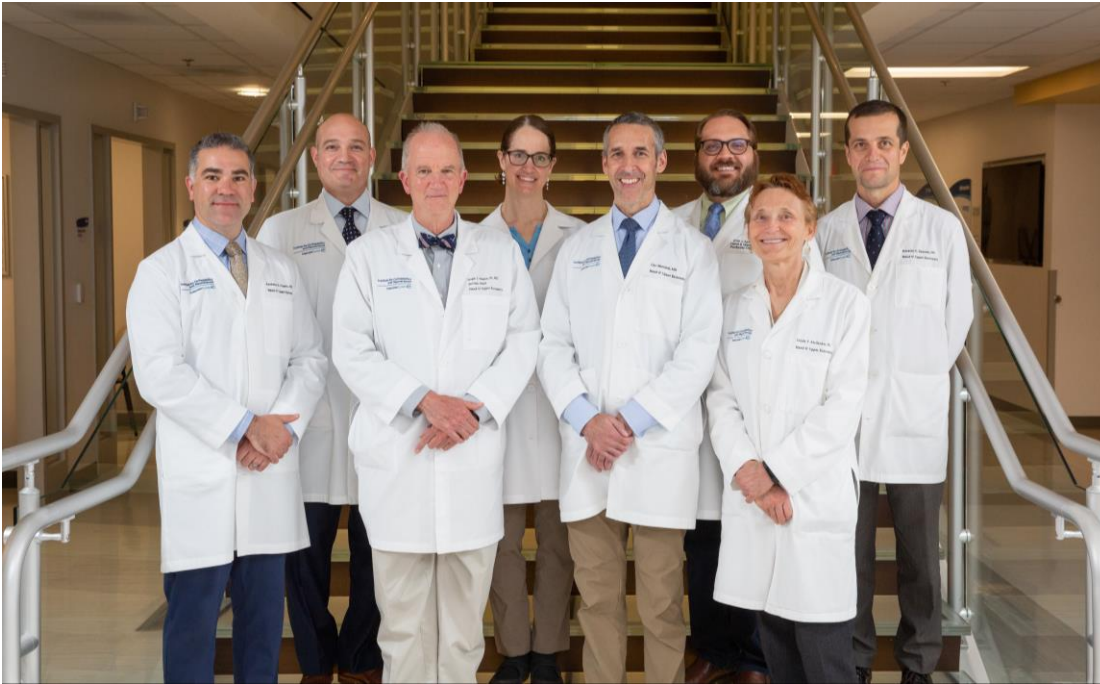


CARILIONCLINIC | **VTC**
School of Medicine
Hand Surgery Fellowship

NEWSLETTER



THIS EDITION CONTAINS

TOPIC 1



**HAND PROCEDURE
ROOM**

Read more on page 2

TOPIC 2



**WHERE ARE THEY
NOW?**

Read more on page 2-3

TOPIC 3



**A MESSAGE FROM
THE HAND
FELLOWSHIP
DIRECTOR**

Read more on page 3

STAFF TRAINING VIDEO FOR THE
PROCEDURE ROOM



HAND PROCEDURE ROOM

Through the new procedure room located in the Hand Clinic at the Institute for Orthopaedics and Neurosciences (ION), faculty hand surgeons and fellows can perform wide-awake local anesthetic no tourniquet (**WALANT**) surgical procedures. Wide awake surgical procedures are increasingly common for minor surgical procedures involving the hand or wrist. As a result, less patients undergo general anesthesia or sedation, increasing patient comfort and convenience.

The purpose of the procedure room is to be able to provide care for patients in a controlled environment with standard equipment.



WHERE ARE THEY NOW?

Nicholas Foeger, MD, PhD

Dr. Foeger presently is in practice in Louisville, KY. He is a partner at the Louisville Orthopaedic Clinic. Dr. Foeger's hand surgery practice is growing and thriving as he is providing restoration of hand function and addressing complex issues of the hand and upper extremity that require microsurgical techniques. The training at VTC hand fellowship has been an instrumental part of Dr. Foeger's development as an orthopaedic hand surgeon.



"A well-functioning hand is our key to interacting with the world."

Nick Foeger, MD, PhD



**Follow us
on Twitter**
@CarilionOrtho



MESSAGE FROM OUR HAND FELLOWSHIP DIRECTOR

Excitement is in the air as we are about to graduate the hand surgery fellow for 2020-2021! The Carilion Clinic at VTC Hand Fellowship continues to thrive throughout challenging times. The program remains productive in impactful clinical/grant funded research and in implementing cutting edge hand surgery procedures within the Roanoke Valley. The procedure room at ION has allowed us to perform "wide awake" procedures under local anesthesia while decreasing the cost and exposure burden to our patients during the Pandemic.

In 2020-2021, the VTC hand fellowship was able to host several exceptional virtual visiting professors with varied expertise from different areas of hand and upper extremity surgery. The [cadaveric anatomy lab sessions](#), [peripheral nerve laboratory](#), and [video teaching implementation](#) continue to provide a robust curriculum for the hand fellow. There are many innovative ideas in store, as we prepare for the 2021-2022 fellowship year, such as implementation of a simulation hand surgery curriculum and continued collaborative research with Virginia Tech for hand and upper extremity disorders. All in all, the VTC hand fellowship is excited for the new year to come as we face new challenges and overcome new hurdles. A big thank you to everyone within our health system, as everyone plays a part in the training of our graduating hand fellows.



Cesar J. Bravo, M.D



WEBSITE

RESOURCE LINKS:

[Carilion Clinic Orthopaedic Education YouTube](#)
[Hand Surgery Fellowship](#)

CONTACT US:

Janice M. Gleisner, M.B.A., Program Manager

☎ 540-797-5743

✉ jmgleisnearilionclinic.org

YOUTUBE

